(a) A car driver makes an emergency stop.

The chart shows the 'thinking distance' and the 'braking distance' needed to stop the car.

| Thinking distance <br> 15 m | Braking distance |
| :---: | :---: |
| 38 m |  |

Calculate the total stopping distance of the car.

Stopping distance $=$ $\qquad$ m
(b) The graph shows how the braking distance of a car driven on a dry road changes with the car's speed.


The braking distance of the car on an icy road is longer than the braking distance of the car on a dry road.
(i) Draw a new line on the graph to show how the braking distance of the car on an icy road changes with speed.
(ii) Which two of the following would also increase the braking distance of the car? Put a tick ( $v^{\prime}$ ) next to each of your answers.
rain on the road
the driver having drunk alcohol $\square$
car brakes in bad condition $\square$
the driver having taken drugs $\square$
(c) The thinking distance depends on the driver's reaction time.

The table shows the reaction times of three people driving under different conditions.

| Car driver | Condition | Reaction time <br> in seconds |
| :---: | :---: | :---: |
| A | Wide awake with no <br> distractions | 0.7 |
| B | Using a hands-free mobile <br> phone | 0.9 |
| C | Very tired and listening to <br> music | 1.2 |

The graph lines show how the thinking distance for the three drivers, $\mathbf{A}, \mathbf{B}$ and $\mathbf{C}$, depends on how fast they are driving the car.

(i) Match each graph line to the correct driver by writing $\mathbf{A}, \mathbf{B}$ or $\mathbf{C}$ in the box next to the correct line.
(ii) The information in the table cannot be used to tell if driver C's reaction time is increased by being tired or by listening to music.

Explain why.
$\qquad$
$\qquad$
$\qquad$
$\qquad$

2 The diagram shows the forces on a small, radio-controlled, flying toy.

(a) (i) The mass of the toy is 0.06 kg .

Gravitational field strength $=10 \mathrm{~N} / \mathrm{kg}$
Calculate the weight of the toy.
Show clearly how you work out your answer and give the unit.
$\qquad$
$\qquad$
Weight $=$ $\qquad$
(ii) Complete the following sentence by drawing a ring around the correct line in the box.

When the toy is hovering stationary in mid-air, the lift force is

| bigger than <br> the same as <br> smaller than |
| :--- |

(b) When the motor inside the toy is switched off, the toy starts to accelerate downwards.
(i) What does the word accelerate mean?
$\qquad$
(ii) What is the direction of the resultant force on the falling toy?
$\qquad$

3 (a) A car driver takes a short time to react to an emergency before applying the brakes. The distance the car will travel during this time is called the 'thinking distance'.

The graph shows how the thinking distance of a driver depends on the speed of the car.

(i) What is the connection between thinking distance and speed?
$\qquad$
(ii) Many people drive while they are tired.

Draw a new line on the graph to show how thinking distance changes with speed for a tired driver.
(iii) The graph was drawn using data given in the Highway Code.

Do you think that the data given in the Highway Code is likely to be reliable?
Draw a ring around your answer.
Yes No Maybe
Give a reason for your answer.
$\qquad$
$\qquad$
(b) The distance a car travels once the brakes are applied is called the 'braking distance'.
(i) What is the relationship between thinking distance, braking distance and stopping distance?
$\qquad$
(ii) State two factors that could increase the braking distance of a car at a speed of $15 \mathrm{~m} / \mathrm{s}$.

1. $\qquad$
2. $\qquad$

A car is driven along a straight road. The graph shows how the velocity of the car changes during part of the journey.

(a) Use the graph to calculate the deceleration of the car between 6 and 9 seconds.

Show clearly how you work out your answer and give the unit.
$\qquad$
$\qquad$
$\qquad$
Deceleration = $\qquad$
(b) At what time did the car change direction?
$\qquad$ seconds

A car and a bicycle are travelling along a straight road. They have stopped at road works.


The graph shows how the velocity of the car changes after the sign is changed to GO.

(a) Between which two points on the graph is the car moving at constant velocity?
$\qquad$
(b) Between which two points on the graph is the car accelerating?
$\qquad$
(c) Between the sign changing to GO and the car starting to move, there is a time delay. This is called the reaction time.
(i) What is the reaction time of the car driver?

$$
\text { Reaction time }=\ldots \text { seconds }
$$

(ii) Which one of the following could increase the reaction time of a car driver? Tick the box next to your choice.

Drinking alcohol


Wet roads


Worn car brakes

(d) The cyclist starts to move at the same time as the car. For the first 2 seconds the cyclist's acceleration is constant and is greater than that of the car.

Draw a line on the graph to show how the velocity of the cyclist might change during the first 2 seconds of its motion.

6 The diagram shows a sky-diver in free fall. Two forces, $\mathbf{X}$ and $\mathbf{Y}$, act on the sky-diver.

(a) Complete these sentences by crossing out the two lines in each box that are wrong.
(i) Force $\mathbf{X}$ is caused by
friction
gravity
weight
(ii) Force $\mathbf{Y}$ is caused by

| air resistance |
| :--- |
| friction |
| gravity |

(b) The size of force $\mathbf{X}$ changes as the sky-diver falls. Describe the motion of the sky-diver when:
(i) force $\mathbf{X}$ is smaller than force $\mathbf{Y}$,
$\qquad$
$\qquad$
(ii) force $\mathbf{X}$ is equal to force $\mathbf{Y}$.
$\qquad$
$\qquad$

7 A car travelling along a straight road has to stop and wait at red traffic lights. The graph shows how the velocity of the car changes after the traffic lights turn green.

(a) Between the traffic lights changing to green and the car starting to move there is a time delay. This is called the reaction time. Write down one factor that could affect the driver's reaction time.
$\qquad$
(b) Calculate the distance the car travels while accelerating. Show clearly how you work out your answer.
$\qquad$
$\qquad$
Distance $=$ $\qquad$ metres
(c) Calculate the acceleration of the car. Show clearly how you work out your final answer and give the units.
$\qquad$
$\qquad$
$\qquad$
Acceleration = $\qquad$
(d) The mass of the car is 900 kg .
(i) Write down the equation that links acceleration, force and mass.
$\qquad$
(ii) Calculate the force used to accelerate the car. Show clearly how you work out your final answer.
$\qquad$
$\qquad$
Force $=$ $\qquad$ newtons

8 A horse and rider take part in a long distance race. The graph shows how far the horse and rider travel during the race.

(a) What was the distance of the race?

$$
\text { distance }=\ldots \mathrm{km}
$$

(b) How long did it take the horse and rider to complete the race?
$\qquad$
(c) What distance did the horse and rider travel in the first 2 hours of the race?

$$
\text { distance }=\ldots \mathrm{km}
$$

(d) How long did the horse and rider stop and rest during the race?
$\qquad$
(e) Not counting the time it was resting, between which two points was the horse moving the slowest?
$\qquad$ and $\qquad$
Give a reason for your answer.
$\qquad$
$\qquad$

9 (a) The arrows in the diagram represent the size and direction of the forces on a space shuttle, fuel tank and booster rockets one second after launch. The longer the arrow the bigger the force.

Thrust force


Weight of shuttle, fuel tanks and
booster rockets plus air resistance
(i) Describe the upward motion of the space shuttle one second after launch.
$\qquad$
(ii) By the time it moves out of the Earth's atmosphere, the total weight of the space shuttle, fuel tank and booster rockets has decreased and so has the air resistance.

How does this change the motion of the space shuttle? (Assume the thrust force does not change).
$\qquad$
(b) The space shuttle takes 9 minutes to reach its orbital velocity of $8100 \mathrm{~m} / \mathrm{s}$.
(i) Write down the equation that links acceleration, change in velocity and time taken.
$\qquad$
(ii) Calculate, in $\mathrm{m} / \mathrm{s}^{2}$, the average acceleration of the space shuttle during the first 9 minutes of its flight. Show clearly how you work out your answer.
$\qquad$
$\qquad$
average acceleration $=\ldots \mathrm{m} / \mathrm{s}^{2}$
(iii) How is the velocity of an object different from the speed of an object?
$\qquad$
$\qquad$

10 The distance-time graph represents the motion of a car during a race.

(a) Describe the motion of the car between point A and point D. You should not carry out any calculations.

To gain full marks in this question you should write your ideas in good English. Put them into a sensible order and use the correct scientific words.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(b) Calculate the gradient of the graph between point $\mathbf{B}$ and point $\mathbf{C}$. Show clearly how you get your answer.
$\qquad$
$\qquad$
$\qquad$
gradient $=$ $\qquad$

11 (a) The diagram shows the horizontal forces that act on a moving motorbike.

(i) Describe the movement of the motorbike when force $\mathbf{A}$ equals force $\mathbf{B}$.
$\qquad$
$\qquad$
(ii) What happens to the speed of the motorbike if force $\mathbf{B}$ becomes smaller than force $\mathbf{A}$ ?
$\qquad$
(b) The graph shows how the velocity of a motorbike changes when it is travelling along a straight road.

(i) What was the change in velocity of the motorbike in the first 5 seconds?
$\qquad$
(ii) Write down the equation which links acceleration, change in velocity and time taken.
$\qquad$
(iii) Calculate the acceleration of the motorbike during the first 5 seconds. Show clearly how you work out your answer and give the unit.
$\qquad$
$\qquad$
Acceleration $=$ $\qquad$
(c) A car is travelling on an icy road.

Describe and explain what might happen to the car when the brakes are applied.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(d) Name three factors, other than weather conditions, which would increase the overall stopping distance of a vehicle.

1. $\qquad$
$\qquad$
2. $\qquad$
$\qquad$
3. $\qquad$
$\qquad$

12 (a) Two skydivers jump from a plane. Each holds a different position in the air.


Adapted from Progress with Physics by Nick England, reproduced by permission of Hodder Arnold

Complete the following sentence.
Skydiver $\qquad$ will fall faster because $\qquad$
$\qquad$
$\qquad$

The diagram shows the direction of the forces acting on one of the skydivers.


Adapted from Progress with Physics by Nick England, reproduced by permission of Hodder Arnold
(b) In the following sentences, cross out in each box the two lines that are wrong.
(i) Force $\mathbf{X}$ is caused by $\begin{aligned} & \text { air resistance } \\ & \text { friction } \\ & \text { gravity }\end{aligned}$
(iii) When force $\mathbf{X}$ is bigger than force $\mathbf{Y}$, the speed of the

skydiver will | go up |
| :--- |
| stay the same |
| go down |

(iv) After the parachute opens, force $\mathbf{X} \begin{aligned} & \text { goes up } \\ & \text { stays the same } \\ & \text { goes down }\end{aligned}$
(c) How does the area of an opened parachute affect the size of force $\mathbf{Y}$ ?
$\qquad$
$\qquad$

The diagram shows an orbiter, the reusable part of a space shuttle. The data refers to a typical flight.


| Orbiter data |  |
| :--- | :--- |
| Mass | 78000 kg |
| Orbital speed | $7.5 \mathrm{~km} / \mathrm{s}$ |
| Orbital altitude | 200 km |
| Landing speed | $100 \mathrm{~m} / \mathrm{s}$ |
| Flight time | 7 days |

(a) (i) What name is given to the force which keeps the orbiter in orbit around the Earth?
$\qquad$
(ii) Use the following equation to calculate the kinetic energy, in joules, of the orbiter while it is in orbit.
kinetic energy $=1 / 2 \mathrm{mv}^{2}$
$\qquad$
$\qquad$
Kinetic energy = $\qquad$ joules
(iii) What happens to most of this kinetic energy as the orbiter re-enters the Earth's atmosphere?
$\qquad$
$\qquad$
(b) After touchdown the orbiter decelerates uniformly coming to a halt in 50 s .
(i) Give the equation that links acceleration, time and velocity.
$\qquad$
(ii) Calculate the deceleration of the orbiter. Show clearly how you work out your answer and give the unit.
$\qquad$
$\qquad$
Deceleration = $\qquad$
(c) (i) Give the equation that links acceleration, force and mass.
$\qquad$
(ii) Calculate, in newtons, the force needed to bring the orbiter to a halt. Show clearly how you work out your answer.
$\qquad$
$\qquad$
Force $=$ $\qquad$ newtons
(Total 9 marks)
14 The graph shows how the distance travelled by a car changes with time during a short journey.

(i) Describe fully the motion of the car during the first two minutes of the journey.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(ii) During the last minute of the journey the velocity of the car changes although the speed remains constant. How is this possible?
$\qquad$
$\qquad$

The apparatus shown is used to compare the motion of a coin with the motion of a piece of paper as they both fall.

(a) When the tube is filled with air the coin falls faster than the piece of paper. Why?
$\qquad$
$\qquad$
(b) The air in the tube is removed by the vacuum pump. The tube is turned upside down. State two ways in which the motion of the coin and piece of paper will change compared to when there was air in the tube.

1. $\qquad$
$\qquad$
$\qquad$
2. $\qquad$
$\qquad$
$\qquad$

A cyclist goes on a long ride. The graph shows how the distance travelled changes with time during the ride.

(i) Between which two points on the graph was the cyclist moving at the fastest speed?
$\qquad$
(ii) State one way cyclists can reduce the air resistance acting on them.
$\qquad$
$\qquad$
(iii) How long did the cyclist stop and rest?
$\qquad$
(iv) Write down the equation which links distance, speed and time.
$\qquad$
(v) Calculate, in $\mathrm{km} / \mathrm{hr}$, the average speed of the cyclist while moving.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
Average speed $=$ $\qquad$ km/hr

17 The table shows the braking distances for a car at different speeds and kinetic energy. The braking distance is how far the car travels once the brakes have been applied.

| Braking distance <br> in $\mathbf{m}$ | Speed of car in <br> $\mathbf{m} / \mathbf{s}$ | Kinetic energy of <br> car in $\mathbf{k J}$ |
| :---: | :---: | :---: |
| 5 | 10 | 40 |
| 12 | 15 | 90 |
| 20 | 20 | 160 |
| 33 | 25 | 250 |
| 45 | 30 | 360 |

(a) A student suggests, "the braking distance is directly proportional to the kinetic energy."
(i) Draw a line graph to test this suggestion.


Braking distance in metres ( m )
(ii) Does the graph show that the student's suggestion was correct or incorrect? Give a reason for your answer.
$\qquad$
$\qquad$
(iii) Use your graph and the equation for kinetic energy to predict a braking distance for a speed of 35 metres per second $(\mathrm{m} / \mathrm{s})$. The mass of the car is 800 kilograms $(\mathrm{kg})$. Show clearly how you obtain your answer.
$\qquad$
$\qquad$
Braking distance $=$ $\qquad$ m
(iv) State one factor, apart from speed, which would increase the car's braking distance.
$\qquad$
(b) The diagram shows a car before and during a crash test. The car hits the wall at 14 metres per second ( $\mathrm{m} / \mathrm{s}$ ) and takes 0.25 seconds (s) to stop.

(i) Write down the equation which links acceleration, change in velocity and time taken.
$\qquad$
(ii) Calculate the deceleration of the car.
$\qquad$
Deceleration $=$ $\qquad$ $\mathrm{m} / \mathrm{s}^{2}$
(iii) In an accident the crumple zone at the front of a car collapses progressively. This increases the time it takes the car to stop. In a front end collision the injury to the car passengers should be reduced. Explain why. The answer has been started for you.

By increasing the time it takes for the car to stop, the $\qquad$
$\qquad$
$\qquad$
$\qquad$
(a) A shopping trolley is being pushed at a constant speed. The arrows represent the horizontal forces on the trolley.

(i) How big is force $\mathbf{P}$ compared to force $\mathbf{F}$ ?
$\qquad$
(ii) Which one of the distance-time graphs, $\mathbf{K}, \mathbf{L}$ or $\mathbf{M}$, shows the motion of the trolley? Draw a circle around your answer.
K



(b) Complete the sentence by crossing out the two words in the box that are wrong.

(c) Three trolleys, A, B and C, are pushed using the same size force. The force causes each trolley to accelerate.

A

B

C

Which trolley will have the smallest acceleration?

Give a reason for your answer.
$\qquad$

19 The table contains typical data for an oil tanker.

(i) Write down the equation which links acceleration, force and mass.
$\qquad$
(ii) Calculate the deceleration of the oil tanker. Show clearly how you work out your answer.
$\qquad$
$\qquad$
$\qquad$

$$
\text { Deceleration }=\ldots \mathrm{m} / \mathrm{s}^{2}
$$

20 When a car driver has to react and apply the brakes quickly, the car travels some distance before stopping. Part of this distance is called the "thinking distance". This is how far the car travels while the driver reacts to a dangerous situation.

The table below shows the thinking distance $(\mathrm{m})$ for various speeds $(\mathrm{km} / \mathrm{h})$.

| Thinking distance (m) | 0 | 9 | 12 | 15 |
| :--- | :---: | :---: | :---: | :---: |
| Speed $(\mathrm{km} / \mathrm{h})$ | 0 | 48 | 64 | 80 |

(a) On the graph paper below, draw a graph of the thinking distance against speed.

(b) Describe how thinking distance changes with speed.
$\qquad$
$\qquad$
(c) The time the driver spends thinking before applying the brakes is called the "thinking time".

A driver drank two pints of lager. Some time later the thinking time of the driver was measured as 1.0 seconds.
(i) Calculate the thinking distance for this driver when driving at $9 \mathrm{~m} / \mathrm{s}$.
$\qquad$ m
(ii) A speed of $9 \mathrm{~m} / \mathrm{s}$ is the same as $32 \mathrm{~km} / \mathrm{h}$. Use your graph to find the thinking distance at $32 \mathrm{~km} / \mathrm{h}$ for a driver who has not had a drink.
$\qquad$
Answer $\qquad$ m
(iii) What has been the effect of the drink on the thinking distance of the driver?
$\qquad$
$\qquad$
(Total 6 marks)
21 The manufacturer of a family car gave the following information.
Mass of car 950 kg
The car will accelerate from 0 to $33 \mathrm{~m} / \mathrm{s}$ in 11 seconds.
(a) Calculate the acceleration of the car during the 11 seconds.
$\qquad$
$\qquad$
$\qquad$
(b) Calculate the force needed to produce this acceleration.
$\qquad$
$\qquad$
$\qquad$
(c) The manufacturer of the car claims a top speed of 110 miles per hour. Explain why there must be a top speed for any car.
$\qquad$
$\qquad$
$\qquad$

22 (a) When a car is driven efficiently the engine gives a constant forward pull on the car as the car accelerates to its maximum speed. During this time frictional forces and air resistance oppose the forward motion of the car. The sketch graphs below show how the car's speed increases when only the driver is in the car, and when the driver has a passenger in the car.

(i) How does the acceleration of the car change with time?
$\qquad$
$\qquad$
(ii) What conclusion can be made about the resultant (net) forward force on the car as its speed increases?
$\qquad$
$\qquad$
(ii) On the graph, draw a line to show how you would expect the car's speed to vary if it carried three passengers.
(b) The manufacturer of a family car gave the following information.

Mass of car 950 g
The car will accelerate from 0 to $33 \mathrm{~m} / \mathrm{s}$ in 11 seconds.
(i) Calculate the acceleration of the car during the 11 seconds.
$\qquad$
$\qquad$
$\qquad$
Answer $\qquad$
(ii) Calculate the force needed to produce this acceleration.
$\qquad$
$\qquad$
$\qquad$
Answer $\qquad$ N
(iii) The manufacturer of the car claims a top speed of 110 miles per hour. Explain why there must be a top speed for any car.
$\qquad$
$\qquad$

23 The diagram below shows water falling from a dam. Each minute 12000 kg of water falls vertically into the pool at the bottom.


The time taken for the water to fall is 2 s and the acceleration of the water is $10 \mathrm{~m} / \mathrm{s}^{2}$.
(a) Assume the speed of the water at the bottom of the dam is zero. Calculate the speed of the water just before it hits the pool at the bottom.
$\qquad$
$\qquad$
(b) Use your answer to part (a) to calculate the average speed of the falling water.
$\qquad$
(c) Calculate the height that the water falls.
$\qquad$
$\qquad$
(d) What weight of water falls into the pool each minute?
$\qquad$
$\qquad$
(e) How much work is done by gravity each minute as the water falls?
$\qquad$
$\qquad$
(f) A small electrical generator has been built at the foot of the waterfall. It uses the falling water to produce electrical power.
(i) How much energy is available from the falling water each minute?
$\qquad$
(ii) How much power is available from the falling water?
$\qquad$
$\qquad$
(iii) If the generator is $20 \%$ efficient, calculate the electrical power output of the generator.
$\qquad$
$\qquad$

A driver is driving along a road at $30 \mathrm{~m} / \mathrm{s}$. The driver suddenly sees a large truck parked across the road and reacts to the situation by applying the brakes so that a constant braking force stops the car. The reaction time of the driver is 0.67 seconds, it then takes another 5 seconds for the brakes to bring the car to rest.
(a) Using the data above, draw a speed-time graph to show the speed of the car from the instant the truck was seen by the driver until the car stopped.

time (s)
(b) Calculate the acceleration of the car whilst the brakes are applied.
$\qquad$
$\qquad$
$\qquad$

$$
\text { Answer }=\ldots \mathrm{m} / \mathrm{s}^{2}
$$

(c) The mass of the car is 1500 kg . Calculate the braking force applied to the car.
$\qquad$
$\qquad$
$\qquad$
Answer $=\ldots \mathrm{N}$
(d) The diagrams below show what would happen to a driver in a car crash.

(i) Explain why the driver tends to be thrown towards the windscreen.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(ii) The car was travelling at $30 \mathrm{~m} / \mathrm{s}$ immediately before the crash. Calculate the energy which has to be dissipated as the front of the car crumples.
$\qquad$
$\qquad$
$\qquad$
$\qquad$

25 A racing driver is driving his car along a straight and level road as shown in the diagram below.

(a) The driver pushes the accelerator pedal as far down as possible. The car does not accelerate above a certain maximum speed. Explain the reasons for this in terms of the forces acting on the car.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(b) The racing car has a mass of 1250 kg . When the brake pedal is pushed down a constant braking force of 10000 N is exerted on the car.
(i) Calculate the acceleration of the car.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(ii) Calculate the kinetic energy of the car when it is travelling at a speed of $48 \mathrm{~m} / \mathrm{s}$.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(iii) When the brakes are applied with a constant force of 10000 N the car travels a distance of 144 m before it stops. Calculate the work done in stopping the car.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

26 (a) The diagram below shows a moving tractor. The forward force from the engine exactly balances the resisting forces on the tractor.

(i) Describe the motion of the tractor.
$\qquad$
(ii) The tractor comes to a drier part of the field where the resisting forces are less. If the forward force from the engine is unchanged how, if at all, will the motion of the tractor be affected?
$\qquad$
$\qquad$
(b) Two pupils are given the task of finding out how fast a tractor moves across a field. As the tractor starts a straight run across the field the pupils time how long it takes to pass a series of posts which are forty metres apart. The results obtained are shown in the table below.

| Distancetravelled (m) | 0 | 40 | 80 | 120 | 160 | 200 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Timetaken (s) | 0 | 8 | 16 | 24 | 32 | 40 |

(i) Draw a graph of distance travelled against time taken using the axes on the graph below. Label your graph line A.

(ii) Calculate the speed of the tractor.
$\qquad$
$\qquad$
(c) In another, wetter field there is more resistance to the movement of the tractor. It now travels at $4 \mathrm{~m} / \mathrm{s}$.
(i) Calculate the time needed to travel 200 m .
$\qquad$
$\qquad$
$\qquad$
(ii) On the graph in part (b) draw a line to represent the motion of the tractor across the second field. Label this line B.
(d) On a road the tractor accelerates from rest up to a speed of $6 \mathrm{~m} / \mathrm{s}$ in 15 seconds.

Calculate the acceleration of the tractor.
$\qquad$
$\qquad$
$\qquad$
$\qquad$

Below is a distance-time graph for part of a train journey.
The train is travelling at a constant speed.

(a) Use the graph to find
(i) how far the train travels in 2 minutes $\qquad$ km .
(ii) how long it takes the train to travel a distance of 10 kilometres
$\qquad$ minutes.
(b) Calculate the speed of the train.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

A car driver sees a dog on the road ahead and has to make an emergency stop.
The graph shows how the speed of the car changes with time after the driver first sees the dog.

(a) Which part of the graph represents the "reaction time" or "thinking time" of the driver?
$\qquad$
(b) (i) What is the thinking time of the driver?

Time $\qquad$ seconds
(ii) Calculate the distance travelled by the car in this thinking time.
$\qquad$
$\qquad$
$\qquad$
Distance $\qquad$ m
(c) Calculate the acceleration of the car after the brakes are applied.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
Acceleration $\qquad$
(d) Calculate the distance travelled by the car during braking.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
Distance $\qquad$ m
(e) The mass of the car is 800 kg . Calculate the braking force.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
Braking force N

A sky-diver jumps from a plane.
The sky-diver is shown in the diagram below.

(a) Arrows $\mathbf{X}$ and $\mathbf{Y}$ show two forces acting on the sky-diver as he falls.
(i) Name the forces $\mathbf{X}$ and $\mathbf{Y}$.

X $\qquad$
Y $\qquad$
(ii) Explain why force $\mathbf{X}$ acts in an upward direction.
$\qquad$
$\qquad$
(iii) At first forces $\mathbf{X}$ and $\mathbf{Y}$ are unbalanced.

Which of the forces will be bigger? $\qquad$
(iv) How does this unbalanced force affect the sky-diver?
$\qquad$
$\qquad$
(b) After some time the sky-diver pulls the rip cord and the parachute opens.

The sky-diver and parachute are shown in the diagram below.


After a while forces $\mathbf{X}$ and $\mathbf{Y}$ are balanced.
Underline the correct answer in each line below.

## Force $\mathbf{X}$ has

increased / stayed the same / decreased.

## Force $\mathbf{Y}$ has

increased / stayed the same / decreased.
The speed of the sky-diver will
increase / stay the same / decrease.
(c) The graph below shows how the height of the sky-diver changes with time.

(i) Which part of the graph, $\mathbf{A B}, \mathbf{B C}$ or $\mathbf{C D}$ shows the sky-diver falling at a constant speed?
(ii) What distance does the sky-diver fall at a constant speed?

Distance $\qquad$ m
(iii) How long does he fall at this speed?
$\qquad$ s
(iv) Calculate this speed.
$\qquad$
$\qquad$
$\qquad$
Speed $\qquad$ $\mathrm{m} / \mathrm{s}$
(Total 14 marks)
30 A hot air balloon called Global Challenger was used to try to break the record for travelling round the world.
The graph shows how the height of the balloon changed during the flight.


The balloon took off from Marrakesh one hour after the burners were lit and climbed rapidly.
(a) Use the graph to find:
(i) the maximum height reached.

Maximum height $\qquad$ metres.
(ii) the total time of the flight.

Total time $\qquad$ hours.
(b) Several important moments during the flight are labelled on the graph with the letters $\mathbf{A}, \mathbf{B}$, C, D, E and F.
At which of these moments did the following happen?
(i) The balloon began a slow controlled descent to 2500 metres.
(ii) The crew threw out all the cargo on board in order to stop a very rapid descent.
(iii) The balloon started to descend from 9000 metres.

31 When a bungee-jump is made the jumper steps off a high platform. An elastic cord from the
The diagram below shows different stages in a bungee-jump.
Forces $\mathbf{A}, \mathbf{B}$ and $\mathbf{C}$ are forces acting on the jumper at each stage.

(a) Name force A.
$\qquad$
(b) The motion of the jumper is shown in the diagrams.

By comparing forces $\mathbf{A}, \mathbf{B}$ and $\mathbf{C}$, state how the motion is caused in :
(i) diagram $\mathbf{X}$;
(ii) diagram $\mathbf{Y}$;
(iii) diagram $\mathbf{Z}$.
$\qquad$
(c) The table gives results for a bungee cord when it is being stretched.

| STRETCHING FORCE (N) | 100 | 200 | 400 | 600 | 800 |
| :--- | :---: | :---: | :---: | :---: | :---: |
| LENGTH OF CORD (m) | 20 | 24 | 32 | 40 | 48 |

(i) Plot a graph of these results on the graph paper.

(3)
(ii) Use the graph to find the length of the cord before it was stretched.

Length $\qquad$ m

The Highway Code gives tables of the shortest stopping distances for cars travelling at various speeds. An extract from the Highway Code is given below.

(a) A driver's reaction time is 0.7 s .
(i) Write down two factors which could increase a driver's reaction time.

1. $\qquad$
2. $\qquad$
(ii) What effect does an increase in reaction time have on:

A thinking distance; $\qquad$
B braking distance; $\qquad$
C total stopping distance? $\qquad$
(b) Explain why the braking distance would change on a wet road.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(c) A car was travelling at $30 \mathrm{~m} / \mathrm{s}$. The driver braked. The graph below is a velocity-time graph showing the velocity of the car during braking.


Calculate:
(i) the rate at which the velocity decreases (deceleration);
$\qquad$
$\qquad$
Rate $\qquad$ $\mathrm{m} / \mathrm{s}^{2}$
(ii) the braking force, if the mass of the car is 900 kg ;
$\qquad$
$\qquad$
Braking force $\qquad$ N
(iii) the braking distance.
$\qquad$
$\qquad$
Braking distance $\qquad$ m


Five forces, A, B, C, D and E act on the van.
(a) Complete the following sentences by choosing the correct forces from $\mathbf{A}$ to $\mathbf{E}$.

Force $\qquad$ is the forward force from the engine.

Force $\qquad$ is the force resisting the van's motion.
(b) The size of forces $\mathbf{A}$ and $\mathbf{E}$ can change.

Complete the table to show how big force $\mathbf{A}$ is compared to force $\mathbf{E}$ for each motion of the van.
Do this by placing a tick in the correct box.
The first one has been done for you.

| MOTION OF VAN | FORCE A SMALLER <br> THAN FORCE E | FORCE A EQUAL <br> TO FORCE E | FORCE A BIGGER <br> THAN FORCE E |
| :---: | :---: | :---: | :---: |
| Not moving |  |  |  |
| Speeding up |  |  |  |
| Constant speed |  |  |  |
| Slowing down |  |  |  |

(c) When is force $\mathbf{E}$ zero?
$\qquad$
(d) The van has a fault and leaks one drop of oil every second.

The diagram below shows the oil drops left on the road as the van moves from $\mathbf{W}$ to $\mathbf{Z}$.


Describe the motion of the van as it moves from:
W to X $\qquad$
X to Y $\qquad$
Y to Z $\qquad$
(e) The driver and passengers wear seatbelts.

Seatbelts reduce the risk of injury if the van stops suddenly.
backwards downwards force forwards mass weight
Complete the following sentences, using words from the list above, to explain why the risk of injury is reduced if the van stops suddenly.

A large $\qquad$ is needed to stop the van suddenly.

The driver and passengers would continue to move $\qquad$ .

The seatbelts supply a $\qquad$ force to keep the driver and passengers in their seats.

(a) The van shown above has a fault and leaks one drop of oil every second.

The diagram below shows the oil drops left on the road as the van moves from $\mathbf{W}$ to $\mathbf{Z}$.


Describe the motion of the van as it moves from:
W to X $\qquad$
$\mathbf{X}$ to $\mathbf{Y}$ $\qquad$
$\qquad$
$\mathbf{Y}$ to $\mathbf{Z}$ $\qquad$
$\qquad$
(b) The van was driven for 20 seconds at a speed of $30 \mathrm{~m} / \mathrm{s}$.

Calculate the distance travelled.
$\qquad$
$\qquad$
$\qquad$
Distance $\qquad$ m
(c) The van was travelling at $30 \mathrm{~m} / \mathrm{s}$. It slowed to a stop in 12 seconds.

Calculate the van's acceleration.
$\qquad$
$\qquad$
$\qquad$
Acceleration $\qquad$ $\mathrm{m} / \mathrm{s}^{2}$
(d) The driver and passenger wear seatbelts. Seatbelts reduce the risk of injury. Explain how seatbelts reduce the risk of injury.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

35 The diagram below shows the thinking distances, braking distances and total stopping distances at different speeds.

|  |  |
| :---: | :---: |
| Thinking distance Braking distance <br> 14 m 32 m |  |
| Speed $20 \mathrm{~m} / \mathrm{s} \rightarrow \begin{gathered}\text { distance } \\ 46 \mathrm{~m}\end{gathered}$ |  |
| Thinking distance  <br> 21 m Braking distance <br> 72 m  | Total stopping distance 93 m |
|  | 为069 |

(a) Look at the total stopping distances at each speed.

Complete the sentence by choosing the correct words from the box.

| distance | force | mass | time |
| :---: | :---: | :---: | :---: |

The total stopping distance depends on the distance the car travels during the driver's reaction $\qquad$ and under the braking $\qquad$ .
(b) Give three other factors that could cause the total stopping distance of a car to be greater. Do not give the factors in Figure 1.

1. $\qquad$
$\qquad$
2. $\qquad$
$\qquad$
3. $\qquad$
$\qquad$


The girder has a weight of 1000000 N and is lifted to a height of 1500 cm .
(a) Complete the sentence.

The weight of the girder is caused by the Earth's gravitational field strength acting on its $\qquad$ .
(b) Calculate the work done in lifting the girder.

Write the equation you are going to use.
$\qquad$

Show clearly how you work out your answer and give the unit.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
Work done = $\qquad$
(c) The velocity-time graph represents the motion of the barge after the girder had been lifted.


To gain full marks in this question you should write your ideas in good English. Put them in a sensible order and use the correct scientific words.

Describe the motion of the barge over this period of seven hours. You must refer to the points A, B, C, D, E and F in your description.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

When you transfer energy to a shopping trolley, the amount of work done depends on the force used and the distance moved.


Complete the table by using the correct units from the box.
joule (J) metre (m) newton (N)

The first one has been done for you.

| Quantity | Unit |
| :---: | :---: |
| energy (transferred) | joule |
| force |  |
| distance (moved) |  |
| work done |  |

This question is about a car travelling through a town.
(a) The graph shows how far the car travelled and how long it took.

(i) Between which points was the car travelling fastest? Tick ( $v^{\prime}$ ) your answer.

| Points | Tick (v) |
| :---: | :---: |
| A-B |  |
| B-C |  |
| C - D |  |
| D-E |  |
| E - F |  |

(ii) Between which points was the car stationary?
$\qquad$
$\qquad$
(b) Complete the sentences by writing the correct words in the spaces.

When a car has to stop, the overall stopping distance is greater if:

- the car is poorly maintained;
- there are adverse weather conditions;
- the car is travelling $\qquad$ ;
- the driver's reactions are $\qquad$ .

Also, the greater the speed of the car, then the greater the braking $\qquad$ needed to stop in a certain time.

39 In bungee jumping, a fixed rubber cord is fastened to the jumper's ankles.


The graph shows how the bungee jumper's velocity changes during part of the jump.

(a) Calculate the acceleration of the bungee jumper between 2 and 4 seconds. Show your working.
$\qquad$
$\qquad$
$\qquad$
$\qquad$

$$
\text { Acceleration }=\ldots \mathrm{m} / \mathrm{s}^{2}
$$

(b) Describe, in as much detail as you can, what happens to the bungee jumper after 4 seconds.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$


The drop is 60 metres high and at the bottom of the drop the car travels at $125 \mathrm{~km} / \mathrm{h}$.
The acceleration experienced by the people in the car is $10 \mathrm{~m} / \mathrm{s}^{2}$. The mass of the car and its passengers is 1210 kg .

Calculate the force exerted on the car and its passengers. Show your working.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
Force $=$ $\qquad$ N
(a) The model bus is being pushed on a table.

(i) At first the pushing force does not make the model bus move. Explain why.
$\qquad$
$\qquad$
(ii) Write down two things that happen as the pushing force increases.

1. $\qquad$
$\qquad$
2. $\qquad$
$\qquad$
(iii) Complete the formula by choosing the correct words from the box.

| acceleration | distance moved force applied |
| :---: | :---: |
| speed | time taken |

Work done on
the model bus $=$ $\qquad$ $\times$ $\qquad$
(b) In this situation, the car driver needs to stop the car in the shortest possible distance.

(i) Complete the table by putting ticks ( $v^{\prime}$ ) to show which factors would make the stopping distance greater. The first one has been done for you.

| Factor | Tick ( $~$ <br> distance makes stopping |
| :--- | :---: |
| brakes are old and worn |  |
| car is travelling fast |  |
| driver has been drinking <br> alcohol |  |
| four new tyres are fitted |  |
| hot, dry, sunny weather |  |
| ice on the road |  |

(ii) Complete the sentence by writing the correct words in the spaces.

The car will skid if the braking force is too big compared with the friction between the car's $\qquad$ and the $\qquad$ .

42 The graph shows changes in the velocity of a racing car.

(a) Describe the motion of the racing car during:
(i) the period labelled $\mathbf{W}$; $\qquad$
$\qquad$
(ii) the period labelled $\mathbf{Y}$. $\qquad$
$\qquad$
(b) Calculate the acceleration of the racing car during the period labelled $\mathbf{X}$. Show clearly how you work out your answer and give the unit.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
Acceleration $=$ $\qquad$

(a) A driver may have to make an emergency stop.

Stopping distance $=$ thinking distance + braking distance.
Give three different factors which affect the thinking distance or the braking distance. In your answer you should explain what effect each factor has on the stopping distance.

1. $\qquad$
$\qquad$
$\qquad$
$\qquad$
2. $\qquad$
$\qquad$
$\qquad$
$\qquad$
3. $\qquad$
$\qquad$
$\qquad$
$\qquad$
(b) Complete the following sentences by writing in the two missing words.

Acceleration is the rate of change of $\qquad$ .

The acceleration of a car depends on the force applied by the engine and the
$\qquad$ of the car.
(c) A car moves because of the force applied by the engine.

Name two other forces which act on the car when it is moving. Give the direction in which each of these factors acts.

1. $\qquad$
Direction of this force $\qquad$
2. $\qquad$
Direction of this force $\qquad$
(d) Complete the following sentence by writing in the missing word.

The velocity of a car is its speed in a particular $\qquad$
(1)
(Total 13 marks)
44 A bouncy ball is dropped vertically from a height of 2.00 m onto the floor. The graph shows the height of the ball above the floor at different times during its fall until it hits the floor after 0.64 s .

(a) What is the average speed of the ball over the first 0.64 s? Show clearly how you work out your answer.
$\qquad$
$\qquad$
Average speed $=$ $\qquad$ $\mathrm{m} / \mathrm{s}$
(b) After it hits the floor the ball bounces back to a height of 1.25 m . It reaches this height 1.16 $s$ after it was dropped. Plot this point on the grid above and sketch a graph to show the height of the ball above the floor between 0.64 s and 1.16 s .
(c) (i) The ball bounces on the floor 0.64 s after being dropped. How long after being dropped will it be before it bounces a second time?
$\qquad$
$\qquad$
(ii) What distance will the ball travel between its first and second bounce?
$\qquad$
$\qquad$
(d) The ball was held stationary before being dropped. On the graph and your sketch mark two other points $\mathbf{X}_{1}$ and $\mathbf{X}_{2}$, where the ball is stationary, and in each case explain why the ball is not moving.
$X_{1}$ $\qquad$
$\qquad$
$X_{2}$ $\qquad$
$\qquad$

45 The graph shows the distance a person walked on a short journey.

(a) Choose from the phrases listed to complete the statements which follow. You may use each statement once, more than once or not at all.
standing still
walking at constant speed
walking with an increasing speed
walking with a decreasing speed
(i) Between points $\mathbf{A}$ and $\mathbf{B}$ the person is
(ii) Between points $\mathbf{B}$ and $\mathbf{C}$ the person is
$\qquad$
(b) Complete the sentence.

You can tell that the speed of the person between points $\mathbf{A}$ and $\mathbf{B}$ is $\qquad$
than the speed between points $\mathbf{C}$ and $\mathbf{D}$ because $\qquad$
$\qquad$
(c) Write the equation which relates distance, speed and time.
$\qquad$

Mira and Susan are rock climbing. They are using a nylon climbing rope. Mira has fastened herself to the rock face and to one end of the rope. The other end of the rope is fastened to Susan. This means that, if Susan falls, the rope will hold her. Susan weighs 540 N.

(a) (i) Use the words distance, force and work to write an equation which shows the relationship between them
$\qquad$
(ii) What vertical distance up the rock face does Susan climb when she does 2000 J of work against gravity? Show your working and give your answer to the nearest 0.1 m .
$\qquad$
$\qquad$
Distance $=$ $\qquad$ metres
(iii) How much gravitational energy will Susan gain when she does 2000 J of work against gravity?
$\qquad$
(b) The climbers dislodge a 3 kg stone which falls down the rock face.

What is the speed of the stone when its kinetic energy is 600 J ?
kinetic energy $=\frac{1}{2}$ mass $\times$ speed $^{2}$
Show clearly how you get to your answer and give the unit.
$\qquad$
$\qquad$
$\qquad$
Speed $=$ $\qquad$
(c) The climbing rope is made of nylon. Nylon is very strong. Another advantage is that it stretches. This means that, if Susan falls, it transfers some of her kinetic energy to elastic (or strain) energy at the end of the fall.

Explain, in terms of force and deceleration, what would happen if Susan fell and the climbing rope did not transfer any of her kinetic energy to elastic energy.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(Total 10 marks)

A book weighs 6 newtons.
A librarian picks up the book from one shelf and puts it on a shelf 2 metres higher.

(a) Calculate the work done on the book. [Show your working].
$\qquad$
$\qquad$
$\qquad$
(b) The next person to take the book from the shelf accidentally drops it.

The book accelerates at $9.8 \mathrm{~m} / \mathrm{s}^{2}$.
Use this information to calculate the mass of the book. [Show your working].
$\qquad$
$\qquad$
$\qquad$
Answer $\qquad$ kg.
(c) If the book was dropped from an aeroplane high in the sky, it would accelerate to begin with. Eventually it would fall at a steady speed.

Explain, in as much detail as you can, why this happens.
$\qquad$
$\qquad$
$\qquad$

48 A car travels along a level road at 20 metres per second.

(a) Calculate the distance travelled by the car in 4 seconds.
(Show your working.)
$\qquad$
$\qquad$
$\qquad$
(b) When the brake pedal of the car is pushed, brake pads press against very hard steel discs.


The force of friction between the brake pads and the steel discs gradually stops the car. What two effects does using the brakes have on the brake pads and wheel discs?

1. $\qquad$
2. $\qquad$

49 A crane is used to lift a steel girder to the top of a high building.


When it is lifted by the crane:

- the girder accelerates from rest to a speed of $0.6 \mathrm{~m} / \mathrm{s}$ in the first 3 seconds;
- it then rises at a steady speed.
(a) Calculate the acceleration of the girder.
(Show your working.)
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(b) (i) What is the weight of the steel girder?

Answer $\qquad$ N
(ii) Calculate the power of the crane motor as it lifts the girder at a steady speed of $0.6 \mathrm{~m} / \mathrm{s}$.
(Show your working. You can ignore the weight of the cable and hook which is small compared to the weight of the girder.)
$\qquad$
$\qquad$
$\qquad$
Answer $\qquad$ W
(c) A new motor is fitted to the crane. This motor accelerates the girder at $0.3 \mathrm{~m} / \mathrm{s}^{2}$.

Calculate the force which the crane applies to the girder to produce this acceleration.
(Show your working.)
$\qquad$
$\qquad$
$\qquad$
Answer __ N

50 When a gun is fired, a very large force acts on the bullet for a very short time.
The change in momentum of the bullet is given by the following relationship:
force $(\mathrm{N}) \times$ time $(\mathrm{s})=$ change in momentum $(\mathrm{kg} \mathrm{m} / \mathrm{s})$
(a) An average force of 4000 newton acts for 0.01 seconds on a bullet of mass 50 g .

Calculate the speed of the bullet. (Show your working.)
$\qquad$
$\qquad$
$\qquad$
Answer $\qquad$ $\mathrm{m} / \mathrm{s}$
(b) The bullet is fired horizontally. In the short time it takes for the bullet to reach its target, its horizontal speed has fallen to $80 \%$ of its initial speed.
(i) Explain why the speed of the bullet decreases so quickly.
$\qquad$
$\qquad$
(ii) Calculate the percentage of its original kinetic energy the bullet still has when it reaches its target.
(Show your working.)
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(Total 10 marks)
51 A sky-diver steps out of an aeroplane.
After 10 seconds she is falling at a steady speed of $50 \mathrm{~m} / \mathrm{s}$.
She then opens her parachute.


After another 5 seconds she is once again falling at a steady speed.
This speed is now only $10 \mathrm{~m} / \mathrm{s}$.
(a) Calculate the sky-diver's average acceleration during the time from when she opens her parachute until she reaches her slower steady speed. (Show your working.)
$\qquad$
$\qquad$
$\qquad$
(b) Explain, as fully as you can:
(i) why the sky-diver eventually reaches a steady speed (with or without her parachute).
$\qquad$
$\qquad$
$\qquad$
$\qquad$
(ii) why the sky-diver's steady speed is lower when her parachute is open.
$\qquad$
(c) The sky-diver and her equipment have a total mass of 75 kg . Calculate the gravitational force acting on this mass. (Show your working.)
$\qquad$
$\qquad$
Answer $\qquad$ N

52 A man's car will not start, so two friends help him by pushing it.


Mass of car $=800 \mathrm{~kg}$
By pushing as hard as they can for 12 seconds they make the car reach a speed of 3 metres per second.
(a) Calculate the acceleration they give to the car.
$\qquad$
$\qquad$
$\qquad$
(b) Whilst pushing the car the two friends together do a total of 2400 joules of work. Calculate their total power.
$\qquad$
$\qquad$
$\qquad$ Answer $\qquad$ watts
(c) Another motorist has the same problem. The two friends push his car along the same stretch of road with the same force as before.

It takes them 18 seconds to get the second car up to a speed of 3 metres per second.
What does this tell you about the mass of the second car?
(You can ignore forces of friction.)
$\qquad$
$\qquad$
(d) On a flat stretch of a motorway a lorry driver changes into top gear. He then makes the lorry go as fast as he can.

The graph shows what happens to the speed of the lorry.


Explain why the speed of the lorry increases at first but then levels out.
$\qquad$
$\qquad$


Choose words from the list to complete the sentences below.

| friction | gravity | air pressure |
| :--- | :--- | :---: |
| accelerates | falls at a steady speed | slows down |

- The weight of an object is the force of $\qquad$ which acts on it.
- When you drop something, first of all it $\qquad$ .
- The faster it falls, the bigger the force of $\qquad$ which acts on it.
- Eventually the object $\qquad$ .

54 The graph shows the speed of a runner during an indoor 60 metres race.
speed (metres per second)

(a) Choose words from this list to complete the sentences below.

| moving at a steady speed | slowing down |
| :--- | :--- |
| speeding up | stopped |

Part $\mathbf{A}$ of the graph shows that the runner is $\qquad$
Part $\mathbf{B}$ of the graph shows that the runner is $\qquad$
Part $\mathbf{C}$ of the graph shows that the runner is $\qquad$
(b) Calculate the acceleration of the runner during the first four seconds. (Show your working.)
$\qquad$
$\qquad$
$\qquad$

55 The graph shows the speed of a runner during an indoor 60 metres race.

(a) Calculate the acceleration of the runner during the first four seconds. (Show your working.)
$\qquad$
$\qquad$
$\qquad$
(b) How far does the runner travel during the first four seconds? (Show your working.)
$\qquad$
$\qquad$
$\qquad$
(c) At the finish, a thick wall of rubber foam slows the runner down at a rate of $25 \mathrm{~m} / \mathrm{s}^{2}$. The runner has a mass of 75 kg .
Calculate the average force of the rubber foam on the runner.
(Show your working.)
$\qquad$
$\qquad$
$\qquad$
Answer $\qquad$ newtons (N)

The diagram shows a shuttlecock that is used for playing badminton.


The shuttlecock weighs very little.
When you drop it from a height of a few metres, it accelerates at first but soon reaches a steady speed.

Explain, as fully as you can:
(a) why the shuttlecock accelerates at first,
$\qquad$
$\qquad$
$\qquad$
(b) why the shuttlecock reaches a steady speed.
$\qquad$
$\qquad$
$\qquad$
$\qquad$

57 A child goes out to visit a friend.
57 The graph shows the child's journey.

Distance travelled (metres)

(a) Calculate the child's average speed for the whole journey.
[Show your working and give the units in your answer.]
$\qquad$
$\qquad$
(b) How many times faster is the child travelling in part A of the graph than in part C ? [You should show how you obtained your answer.]
$\qquad$
$\qquad$
$\qquad$

